

Check out the video for UMPIRE FUNDAMENTALS: Jason Oberlag breaks down the role of the slow-pitch home plate umpire.

<https://www.facebook.com/usssaslowpitch/videos/umpire-fundamentals-strike-zone/2386420328245095/>

Pitch height is 6'-12'

Follow the ball from the pitcher's hand. Ball has to be above the pitchers head to be legal.

RED is Flat

